



JELLY CAKE

INGREDIENTS

- 2 packets of sugar free jelly
- Fresh strawberries or raspberries (frozen berries can be used)
- Loaf Tin or Silicone loaf mould

METHOD

- Dissolve the jelly in boiling water, allow to cool
- If using a loaf tin line with cling film and place the fruit on the bottom
- Pour over the cool jelly and allow to set
- When fully cooled you can place in the fridge

SERVING IDEAS

- Vanilla Ice Cream
- Custard
- Natural yogurt
- Meringue nest