



Dessert In a Glass – 2

331Kcals per glass

Layers:

- Frozen berries
- 1 x Meringue Nest Crushed
- Natural Yogurt 150g pot (mix with 1 tsp of cinnamon and 1-2 drops of vanilla essence)
- Vanilla Ice Cream 1 scoop for top (optional)
- 2 squares Dark Choc 70% per person (melted for extra gooiness)
- 1 fig chopped
- 1 Brazil nut chopped

Assemble:

- Berries on the bottom, followed by meringue nest, natural yogurt– repeat.
- Add 1 scoop of vanilla ice cream
- Add melted dark chocolate, chopped nuts, and chopped figs on top.