



SIMPLE SALAD DRESSING

PER PERSON

DRESSING (1:1 – 1 part olive oil to 1 part ACV but based on your taste you can change the ratio more olive oil less vinegar and vice versa)

- 1tbsp olive oil
- Juice of 1 chunk lemon
- 1 tbsp apple cider vinegar (ACV)
- ½ clove garlic minced, you can also use garlic pepper Or you can use 1 tsp of wholegrain mustard
- Dash of seasalt
- Dash of black pepper

OPTIONAL

- For a creamy finish you can add 1 tsp quality honey

TIP

- Play around with the ratios of ingredients, you will find you can create a variety of dressings by alternating the ingredients.